

14<sup>th</sup> Sunday After  
Pentecost

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2 Cor. 1:21-2:4

Luke 6:31-36

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Homily by  
Fr. Marc Dunaway

Epistle Reader:  
Russell Clodfelter

Coffee Hour Hosts  
Fletes / Taylor:

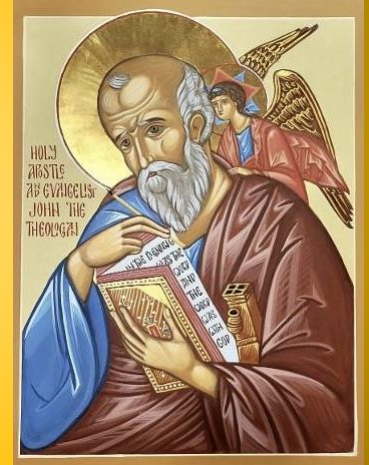
# St. John Orthodox Cathedral

## Weekly Bulletin

Sunday, September 29, 2024

And the Days Following

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*O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.*

### Parish Events and News

#### Mary & Martha Fellowship Meeting

**Tuesday, Oct. 1 from 6-8pm– In the Church Basement**

A reminder that we will meet on Tuesday, October 1st from 6-8 in the church basement. Childcare will be provided along with some snacks.

This is an important meeting to attend as we'll be reviewing our new Mission Statement and setting priorities for the direction M&M will take over the next

few years. Please attend and let your opinions be heard. —Katy Arvidson, President of M&M



#### Catechesis of the Good Shepherd (Atrium)

**12:30pm – 2:00pm for Levels 1, 2 & 3**

Classes begin at 12:30 and go to 2:00pm. Please provide each of your children with a snack before Atrium starts. Remember to pick kids up promptly at 2pm.



#### PFD Project Focus 2024 for St John's Parish St. James House Upgrades

It's that time of year again when we are all blessed with a PFD gift from the State of Alaska. This year it is projected that each Alaskan will receive \$1702.00.

The Parish Council proposes that this year we put all PFD tithing toward several well overdue upgrades to the St. James House. The priority will be making the SJH handicap accessible. At the same time, we will replace the back deck to make it more usable for all, as well as upgrade the back steps.

For many years the tithe and donations from the PFD has allowed our Parish to accomplish some important projects. Providing handicap access to the Saint James House has long been on our wish list. This will be accomplished by building a long ramp from the parking lot to the back door into the dining room.

Please donate to this much needed improvement and mark your PFD tithe or more for this project so we can all continue to enjoy the St James house facilities. - *Martha Fisher and Bruce Johnson, Co-chairs of the Parish Council*



## **Youth Group to Start Tuesday, October 1<sup>st</sup> – 6:30-8pm**

Once again, we are starting our St. John's Youth Group for grades 6-12. We'll meet Tuesdays from 6:30 to 8:00pm during the winter starting this week on Tuesday October 1st. We'll meet at the St. James House and each week we'll have dinner together at the big table starting at 6:30pm with a discussion and activities in the living room wrapping up at 8pm.

I look forward to seeing you all there. Call us with any questions at (907) 317-9549.

— John Marc and Bethany Dunaway

## **“Thursday Night Talks” to Resume Thursday, October 10, 6:30-8pm at the Saint James House**

### **Beginning with a Series on “Family and Parenting in the Modern World”**

The general purpose of these “Thursday Night Talks” is to provide a place for discussion and casual conversation around the living room fireplace, about topics all Christians are challenged with in our modern world.

One of these topics is the role of social media and technology in the lives of children. However, before we can dive into this important topic, it will be important to spend at least a couple of sessions talking about family life and parenting in general. To do this we will draw excerpts from two well-known child psychologists from two different generations: Dr. Phil Mamalakis and Dr. James Dobson. Our goal at first will be to examine some basic goals and approaches to parenting. I believe we will see some common principles in these two authors and at the same time look for any significant differences. After this we can look at some suggested guidelines for disciplining younger children in an effective, respectful and loving way. Then we can turn to the challenges of the teenage years and take up the discussion about social media and technology. I believe these sessions will provide some good conversation starters and I hope parents will consider attending.

If you plan to attend these sessions on “Family and Parenting in the Modern World,” please sign up on the following link so we can prepare. Here you can also indicate if you need childcare to be provided.

— Fr. Marc [Sign-up for Thursday Night Talks](#)

## **Opening the Door to Orthodox Christianity**

Are you, or someone you know, interested in a series of classes aimed at understanding the basics of Orthodox Christian beliefs and practices? These classes will be positive, not polemical. They will be practical, not theoretical. They will engage modern questions, not parrot past answers. Most of all they will aim to open the door to knowing the real God as He revealed through Jesus Christ and known in the scriptures and the Orthodox way. These classes are for inquirers and seekers, “nones” or Churchgoers, non-Orthodox or Orthodox who want to understand their faith better. This would be a series of about ten 90-minute sessions beginning in the near future. Interested?

Please send an email to Fr. Marc, [frmarc@stjohalaska.org](mailto:frmarc@stjohalaska.org).



## Coffee Hour This Sunday - September 29, 2024 Fifth Sunday of the Month

**Hosts Families: Fletes / Taylor**  
Everyone Brings Snacks and Helps Clean Up

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**Next Sunday – Group A – October 6 Hosts: Gillquist / Arnold**

*Snacks: Abel, Baker, Bowman, Cook, Davis, Dozier, Gillquist Families, Haley, Hoxie, Jenkins, Justus, Lindblom, Macalino, Mellor, Northey O'Fallon, Patras, Sorensen, Stallman, Templeton, Tysver, VanDewater, Wells*

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## News From Our Antiochian Archdiocese



[Monthly Newsletter](#)

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## Notes and Pictures from Parishioners

**“Checking In” with Each Other**

Is there something you'd like to share? Please email: [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org)

**Congratulations to the Kies Family**  
**Baby Boy Kies – Born September 21 6lb and 14oz.**

Thank you all for your prayers, love, and support.



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## Dates to Remember

### Monday 'Moms with Kids' Reading Group

Monday morning reading group for moms with little ones 10 AM in St. James House living room. If you have any questions, please contact Natasha Haines.





### Thursday Reading Group

The Thursday 10 am reading group will be meeting at the Senior Center. I will also send out a text message reminder. — Ann Patras.



### Anniversaries this Week

George & Stina Dozier - September 30, 1967

Chris & Allison Lineer - October 3, 1981

*M A N Y Y E A R S !*

### Birthdays This Week

September 29 - Evelyn Stiehr      October 5 - Richard Peters

September 30 - Wyatt Davisson      October 5 - Linda Peters

*M A N Y Y E A R S !*



### Remembering in Prayer...

*Gwyn Jones  
Nina Potts  
Laura Temple  
Olga Wasile*

*Oksana Artz  
Maris Kelly  
Stina Dozier*

*We continue to pray for all those suffering in Ukraine  
and for all those suffering in Israel and Gaza, for a quick end to  
war and for peace*

### Remembering Those Who Have Fallen Asleep This Month



\* Kh. Nancy Downing - October 19, 2002

\* Helen Grace Edzards Peters - October 23, 1998

\* Isabella Joy Fletes - October 24, 2019

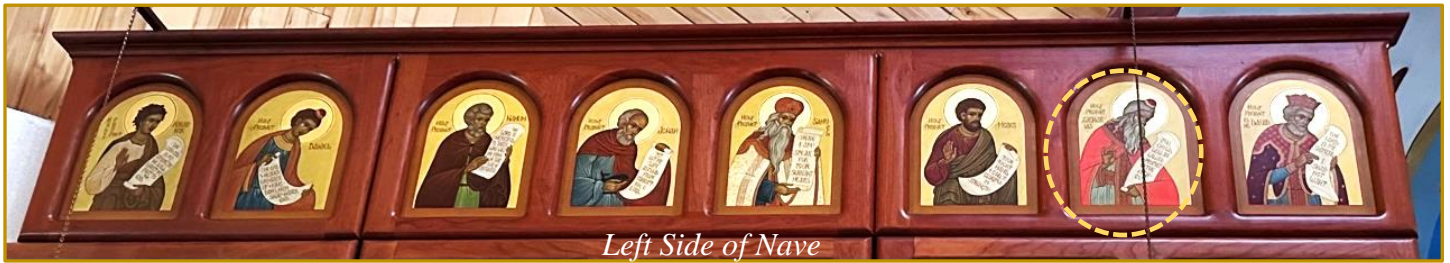
*M E M O R Y E T E R N A L !*

### Clare House Meal - 4th Saturday of Each Month

For the Month of **OCTOBER** – our scheduled meal that we provide Clare House is:  
**Saturday, October 26.** Contact Cara Fletes to see how you can help.



*Who is that Prophet on the Iconostasis?  
Answers to this question will be highlighted in the bulletin each Sunday*

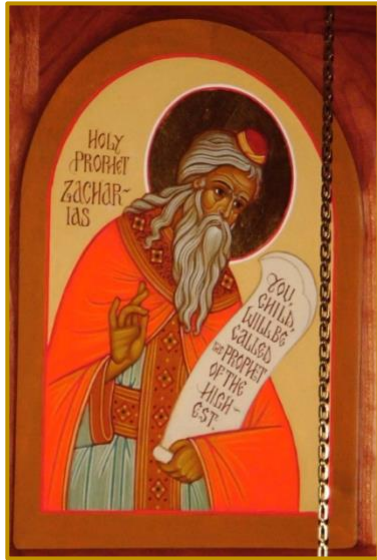


**Holy Prophet Zacharias  
Feast Day – September 5**

*“You child, will be call the prophet of the highest”*

On September 5, in the Holy Orthodox Church we commemorate the glorious Prophet Zacharias (*Zachariah*), father of the Forerunner.

Herod and the Jews killed Zachariah in the temple near the altar. First, because even after the Virgin Mary gave birth, he continued to refer to her as virgin and number her among the virgins. And second, because Zachariah’s son John was not found during the slaughter of the Innocents, when King Herod ordered the slaughter of all males under two years of age in his attempt to prevent the coming of the Messiah. It was during this heinous act that Zachariah’s wife, Elizabeth, had taken the infant John and carefully hid him in a cave that had sprung forth in her prayer to God. At Zachariah’s martyrdom, his blood spilled over the marble and became as hard as stone, remaining as a testament to Herod’s wickedness. Forty days after Zachariah’s death, blessed Elizabeth also entered into rest. The child John stayed in the wilderness, fed by an angel and was guarded by God’s providence, until that day when he appeared by the Jordan.



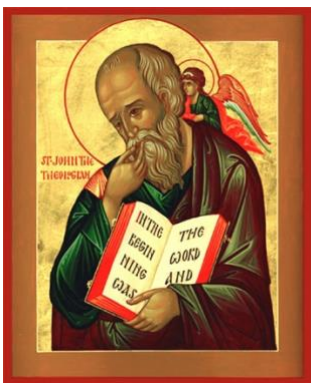
**THE SYNAXARION**

**Rest of John the Evangelist – September 26**

On September 26, in the Holy Orthodox Church we commemorate the Rest of the holy and glorious Apostle and Evangelist, bosom-friend, virgin and beloved John the Theologian.

*Verses*

*You stand before the beloved Word of the Father,  
You who are beloved above all the disciples.  
On the twenty-sixth the Son of Thunder passed unto God.*



John was the son of Zebedee the fisherman and Salome the daughter of Joseph the betrothed of the Holy Theotokos. Called by the Lord Jesus, John immediately left his father and his fishermen’s nets and, with his brother James, followed Christ. From then on, he was not separated from his Lord until the end. With Peter and James, he was present at the raising of Jairus’ daughter and the

Transfiguration of the Lord. At the Last Supper, he inclined his head on Jesus' breast. When all the other apostles had abandoned the crucified Lord, John and the Holy Mother of God remained beneath the Cross. In obedience to the Lord, he was as a son to the Holy Virgin Mary, and carefully served and watched over her until her Dormition. John then lived and labored mostly in Ephesus. By his inspired preaching and miracles, he converted many to Christianity and shook paganism to its foundation. The embittered pagans bound him and sent him to Rome, to face Emperor Dometian, who had him tortured and flogged, which did him no harm. This terrified the emperor and, thinking him immortal, Dometian sent him into exile to the island of Patmos. There John converted many to Christianity by words and miracles and confirmed well the Church of God. He also wrote his Gospel and Revelation on Patmos. He was over one hundred years old when he went to the Lord, and we celebrate the anniversary of his repose today.

Through his intercessions, O Christ God, have mercy upon us. Amen.

## Kyriakos of Palestine – September 29

On September 29, in the Holy Orthodox Church we commemorate our righteous father Kyriakos the Hermit of Palestine.

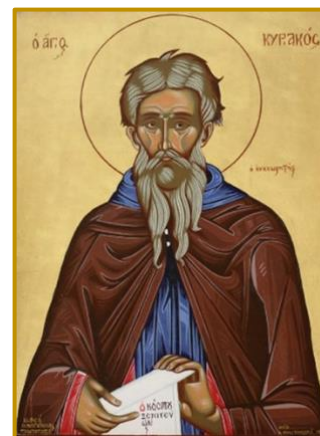
### *Verses*

*With bitter herbs, O Kyriakos, you fought off the sweet and easy life  
whereby you were condemned to dying.*

*On the twenty-ninth Kyriakos closed his eyes.*

Kyriakos was born in Corinth to John and Eudoxia. His father John was a presbyter and the Bishop Peter of Corinth, was also his relative. In his early youth, the bishop tonsured Kyriakos as a reader in the cathedral church. Reading the Holy Scripture, Kyriakos marveled at God's providence: how God glorified all His true servants and how He arranged the salvation of the human race. At age eighteen, Kyriakos began a life of asceticism that eventually took him to the community supervised by St. Chariton at Souka. Kyriakos became a celebrated canonarch, defender of Orthodoxy, ascetic, priest, miracle-worker and comforter. Kyriakos was large and strong in body, even in deep old age, despite strict fasts and vigils. In the wilderness, for years he ate only raw and bitter greens called squills. Kyriakos entered the eternal joy of his Lord in 557 at age 109.

On this day, we also commemorate the Martyr Petronia and those with her in Palestine, and Mother Mary the hermit of Palestine. By their intercessions, of Your saints, O Christ God, have mercy upon us. Amen.



### **Bulletin Announcement Guidelines**

Send announcements to church email address: [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org) Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

### **Saint John Orthodox Cathedral**

P.O. Box 771108 • 18936 Monastery Drive • Eagle River, Alaska, 99577  
(907) 696-2002 • Fax: (907) 696-5555 • Email [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org) -  
Parish Council Email [parishcouncil@stjohnalaska.org](mailto:parishcouncil@stjohnalaska.org) • Website: [stjohnalaska.org](http://stjohnalaska.org)  
• Diocesan Website: <http://www.antiochianladiocese.org>  
Antiochian Orthodox Christian Archdiocese  
Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson